Recommendations for Locally Tailored Interventions
KNOWLEDGE INTEGRATION IN PHYSICAL ACTIVITY POLICY MAKING
REPOPA PROJECT EVIDENCE BRIEF no. 2
a document for policymakers & researchers

STATEMENT
Policy makers often have a hard time to find and apply research evidence to their real life contexts, which are faced with different stakeholders, priorities and values. So far there have been no clear evidence to support the development of local tailored interventions in the context of physical activity policy-making. REPPOPA project evidence brief no. 2 focuses on how to develop and implement locally tailored interventions.

WORKING IN LOCAL CONTEXT
The REPPOPA project operates in a multi-actor field, involving researchers and experts from different fields, who are involved in the development and support of health promoting policies. From the literature, we know that the integration of evidence and knowledge in policy making is crucial. We also know that different stakeholders have different priorities and values that need to be addressed when developing policies.

How can knowledge integration be facilitated in physical activity policy-making?

STEWARDSHIP APPROACH
Based on local needs, context and policy context, cooperation, seems to create a change in working patterns

- Needs and values
- Cross-sectoral action
- Structural changes
- Attention to vulnerable groups
- Equal and participatory approach

1 NEEDS ASSESSMENT
Start by performing a needs assessment. Interacting the policy stakeholders on current problems and requirements leads to the identification of knowledge and information needs. This knowledge is essential for the facilitator to develop knowledge integration strategies. This can be demonstrated through the facilitation of a needs assessment, which is a knowledge system, of a needs assessment of an intervention approach.

2 CONTEXT ANALYSIS
Interventions work differently in different contexts. It is important to know which contexts the knowledge integration intervention is being implemented in. On a context analysis based on written documents and interviews, the facilitator can gather information on the different characteristics, such as the political system, health system, and other relevant factors.

3 COLLABORATION
A close collaboration between policy makers and researchers will make knowledge integration possible on a daily basis. This can be achieved through dialogues with different stakeholders.

4 CHANGE
The intervention can increase the access, requests and use of research knowledge and decrease the information gap among research knowledge in different fields. Also, this type of intervention can create a challenge to balance the scope of the intervention with other limited resources concerning the time and resources involved.

A certain scope of the intervention (time and resources) is recommended for providing sustainable results.

What is REPPOPA?
REPPOPA is a project funded by the European Commission that brings together researchers, policy makers, and citizens to develop and implement locally tailored interventions in order to increase knowledge integration in physical activity policy-making. More information can be found on the website www.reppopa.eu.

WANT TO KNOW MORE?
The full report is available on the website www.reppopa.eu.